

Why Do People Dance

ESL Reading Worksheet — Level C | tahricteaches.com



People have danced for thousands of years. Dancing is one of the oldest **activities** in the world. Every **culture** has its own special dances. People dance at parties, weddings, and festivals.

Dancing makes people feel **happy**. When you dance, your body makes special **chemicals** that make you feel good. Dancing is also great **exercise**. It makes your heart strong and your body healthy.

Many people dance to **celebrate**. In Africa, people dance during harvest time. In India, dancers tell **stories** through their movements. In Brazil, people dance at Carnival every year.

Dancing helps people **connect** with others. When you dance with friends, you feel closer to them. Dance classes are a good way to meet new people. You can also learn about other cultures through dance.

Some people become **professional** dancers. They dance in shows and movies. But you do not need to be a professional to enjoy dancing. Everyone can dance! It is a **wonderful** way to express yourself.

A. Vocabulary

- | | |
|----------------------|---|
| 1. activities ____ | a. things that people do |
| 2. culture ____ | b. tales or narratives |
| 3. happy ____ | c. doing something as a job |
| 4. chemicals ____ | d. feeling joy or pleasure |
| 5. exercise ____ | e. physical activity for health |
| 6. celebrate ____ | f. to honor a special event |
| 7. stories ____ | g. very good or amazing |
| 8. connect ____ | h. the way of life of a group of people |
| 9. professional ____ | i. to join or link together |
| 10. wonderful ____ | j. substances in your body |

B. True or False

1. Dancing is a new activity. _____ 2. Dancing makes people feel _____ 3. Dancing is not good _____
happy. exercise.
4. Every culture has its own _____ 5. Only professionals can _____ 6. Dancing helps people _____
dances. dance. connect with others.
7. In Brazil, people dance at _____ 8. Dancing makes your heart _____ 9. Indian dancers tell stories _____
Carnival. weak. through movements.

C. Fill in the Blanks

Word Bank: activities, culture, happy, exercise, celebrate, connect, professional

1. Dancing is one of the oldest _____ in the world.
2. Every _____ has its own special dances.
3. Dancing makes people feel _____.
4. Dancing is great _____ for your body.
5. Some people become _____ dancers.

D. Comprehension Questions

1. How long have people been dancing?
2. Why does dancing make you feel good?
3. Name one country and how people dance there.
4. How can dancing help you meet new people?
5. Where do professional dancers perform?

E. Discussion Questions

1. Do you like to dance? What kind of dancing?
2. What is a traditional dance from your country?
3. Why do you think people dance at weddings?

📌 **Learn More:** Watch: youtu.be/tFJ6WD-jONg — Tahric Teaches

Answer Key

A. Vocabulary: 1-a, 2-h, 3-d, 4-j, 5-e, 6-f, 7-b, 8-i, 9-c, 10-g

B. True/False: 1-F, 2-T, 3-F, 4-T, 5-F, 6-T, 7-T, 8-F, 9-T

C. Fill Blanks: 1-activities, 2-culture, 3-happy, 4-exercise, 5-professional

D. Comprehension: 1. For thousands of years; 2. Your body makes special chemicals that make you feel good; 3. Africa-harvest time, India-tell stories, Brazil-Carnival (any one); 4. Through dance classes; 5. In shows and movies