



Fast Fashion and the Environment

Reading Worksheet — Level C | tahricteaches.com

Do you like buying new clothes? Many people love **fashion** — the popular styles we see in stores. Today, new clothes arrive in shops every week. This is called "fast fashion." Fast fashion means clothes are made very quickly and sold at low prices. People buy many clothes because they are so **cheap**.

Most fast fashion clothes are made in big **factory** buildings in other countries. Workers make hundreds of clothes every day. These factories use a lot of water and energy. For example, making one pair of jeans can use more than 7,000 liters of water. This is very hard on our planet.

When clothes are no longer popular, many people throw them away. This creates a lot of **waste**. Every year, millions of pieces of clothing end up in the ground. It takes many years for old clothes to break down. This is a big problem for our environment.

Fast fashion also makes our water and air dirty. The colors used to dye clothes can go into rivers and oceans. Fish and other animals can get sick. Dirty water from factories can also pollute the air. People who live near these factories sometimes have health problems.

What can we do to help? We can **recycle** old clothes by giving them to other people or charity shops. We can also choose to buy fewer new clothes and look for items that last a long time. Small changes in our habits can help protect our planet.

A. Vocabulary

- | | |
|---------------------|--|
| 1. fashion ____ | a. to make air, water, or land dirty and harmful |
| 2. environment ____ | b. not costing much money; low in price |
| 3. factory ____ | c. to use something again instead of throwing it away |
| 4. waste ____ | d. large building where workers make things using machines |
| 5. clothing ____ | e. items people wear on their bodies |
| 6. planet ____ | f. something that is popular or fashionable right now |
| 7. cheap ____ | g. popular style of clothes at a certain time |
| 8. recycle ____ | h. natural world around us, including air, water, and land |
| 9. pollute ____ | i. things we throw away that are no longer needed |
| 10. trend ____ | j. large round object in space; Earth is our planet |

B. True or False

- | | |
|--|--|
| ___ 1. Fast fashion means clothes are made quickly and sold at low prices. | ___ 2. Making one pair of jeans can use more than 7,000 liters of water. |
|--|--|

- ___ 3. Fast fashion clothes are very expensive to buy.
- ___ 4. Many people throw away clothes when they are no longer popular.
- ___ 5. Old clothes break down in the ground very quickly.
- ___ 6. Fast fashion clothes are mostly made in the same country where they are sold.
- ___ 7. The colors used to dye clothes can go into rivers and oceans.
- ___ 8. Fast fashion is good for the environment.
- ___ 9. We can help the environment by giving old clothes to charity shops.
- ___ 10. Fast fashion factories use very little water and energy.

C. Fill in the Blanks

Word Bank: cheap, factory, waste, recycle, environment, fashion, planet, clothing

- Many people buy fast fashion clothes because they are very _____.
- Workers in a big _____ make hundreds of clothes every day.
- Throwing away old clothes creates a lot of _____.
- Giving old clothes to other people is one way to _____ them.
- Fast fashion is bad for our _____ because it makes the air and water dirty.



D. Comprehension Questions

- Why do many people buy fast fashion clothes?
- How does fast fashion harm rivers and oceans?
- What can we do with old clothes instead of throwing them away?

E. Discussion Questions

- How often do you buy new clothes, and do you think about where they come from?
- What do you do with old clothes that you do not wear anymore?



Answer Key

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A. Vocabulary: 1-g, 2-h, 3-d, 4-i, 5-e, 6-j, 7-b, 8-c, 9-a, 10-f

B. True/False: 1-T, 2-T, 3-F, 4-T, 5-F, 6-F, 7-T, 8-F, 9-T, 10-F

C. Fill Blanks: 1-cheap, 2-factory, 3-waste, 4-recycle, 5-environment

D. Comprehension:

1. Many people buy fast fashion clothes because they are cheap and new styles arrive in stores every week.
2. The colors used to dye clothes can go into rivers and oceans, making the water dirty and causing fish and animals to get sick.
3. We can recycle old clothes by giving them to other people or to charity shops so they can be used again.

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