



Hot Spring Bathing in Taiwan

Reading Worksheet — Level C | tahricteaches.com

Taiwan is famous for many things. One very popular activity is visiting a **hot spring**. A hot spring is a pool of warm water that comes up from the ground. The water is naturally hot because of heat under the earth. Many people love to visit hot springs.

Hot springs are found all over Taiwan. Some popular places are Beitou in Taipei and Jiaoxi in Yilan. These places have many **relaxing** pools where you can sit and enjoy the warm water. Families and friends like to go together. It is a great way to spend the day.

When you visit a hot spring, you can **soak** your body in the warm water. The water has special **mineral** salts that are good for your skin. Many people say their bodies feel better after soaking. The warm water also helps tired muscles feel good again.

You can usually see **steam** rising from the hot spring water. This is because the water is very hot — sometimes 40 to 45 degrees Celsius. Before you get in, always check the temperature. If the water is too hot, wait a little or find a cooler pool.

There are some simple rules at hot springs. You must shower before you enter the pool. Some hot springs ask you to wear a swimsuit. Remember to drink water so you do not get too hot. After your visit, you will feel very calm and happy.

A. Vocabulary

- | | |
|---------------------|---|
| 1. hot spring ____ | a. making you feel calm and less tired or stressed |
| 2. bathe ____ | b. to sit or stay in water for a long time |
| 3. mineral ____ | c. mist or gas that rises from very hot water |
| 4. relaxing ____ | d. to wash or soak your body in water |
| 5. outdoor ____ | e. made by nature, not created by people |
| 6. temperature ____ | f. outside, not inside a building |
| 7. soak ____ | g. measure of how hot or cold something is |
| 8. towel ____ | h. piece of cloth used to dry your body after washing |
| 9. steam ____ | i. pool of warm water that comes naturally from the ground |
| 10. natural ____ | j. natural substance found in the earth or water, often good for the body |

B. True or False

- | | |
|--|---|
| ____ 1. Taiwan is famous for hot springs. | ____ 2. Hot spring water comes from the sky. |
| ____ 3. Beitou is a popular hot spring area in Taipei. | ____ 4. Hot spring water is always cold. |
| ____ 5. Mineral salts in hot spring water are bad for your skin. | ____ 6. You should not drink water when you visit a hot spring. |

___ 7. Steam rises from hot spring water.

___ 8. Hot spring water can be 40 to 45 degrees Celsius.

___ 9. You do not need to shower before you enter a hot spring pool.

___ 10. After a hot spring visit, many people feel calm and happy.

C. Fill in the Blanks

Word Bank: hot spring, towel, outdoor, temperature, bathe, steam, soak, mineral

1. Taiwan has many places where you can visit a _____.
2. Always bring a _____ to dry your body after you leave the pool.
3. Some hot spring pools are _____, so you can enjoy the fresh air.
4. Check the _____ before you enter the pool because the water may be very hot.
5. Many people like to _____ in warm water to feel relaxed.



D. Comprehension Questions

1. Where are two popular places to find hot springs in Taiwan?
2. Why is hot spring water good for your body?
3. What is one rule you must follow before you enter a hot spring pool?

E. Discussion Questions

1. Have you ever visited a hot spring? Would you like to try one? Why or why not?
2. What other activities do you think people enjoy when they visit Taiwan?



Answer Key

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A. Vocabulary: 1-i, 2-d, 3-j, 4-a, 5-f, 6-g, 7-b, 8-h, 9-c, 10-e

B. True/False: 1-T, 2-F, 3-T, 4-F, 5-F, 6-F, 7-T, 8-T, 9-F, 10-T

C. Fill Blanks: 1-hot spring, 2-towel, 3-outdoor, 4-temperature, 5-bathe

D. Comprehension:

1. Two popular hot spring places in Taiwan are Beitou in Taipei and Jiaoxi in Yilan.
2. Hot spring water has special mineral salts that are good for your skin and helps tired muscles feel better.
3. You must shower before you enter the pool.

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